

BUILD YOURSELF! ICE BREAKER

Students will be given 10 minutes and a bag of random materials. Their task is to tell a piece of their story or to create an object that is representative of them using only the materials that are in the bag. The students should allot a few minutes to write out the meaning behind their creation. In STEAM programs this ice breaker can also be used. Just prompt the students to create an object that is related to the planned program. After the ten minutes conclude give each student two minutes to share their creations with the group. This is the perfect warm-up activity to get your participants thinking outside of the box and ready to actively participate in your program!

Possible materials that can be used:

- Cut sheets of aluminum foil
- Rubber bands
- Tape
- Piper cleaners
- Popsicle sticks
- Small sheets of paper
- Paper clips



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